

CABRERA

DOMINICAN REPUBLIC **Retreat Proposal**

PARCEL 819 (Parte)

193.89 Tas

OVERVIEW



- Ayurvedic Treatment Center
- Outdoor Yoga Pavilion
- Pool & Patio
- Temescal
- (7) Cabins
- Jungle Hike
- Gazebo Viewpoint
- Meditation Cave
- Farms
- Restaurant



RETREAT

features

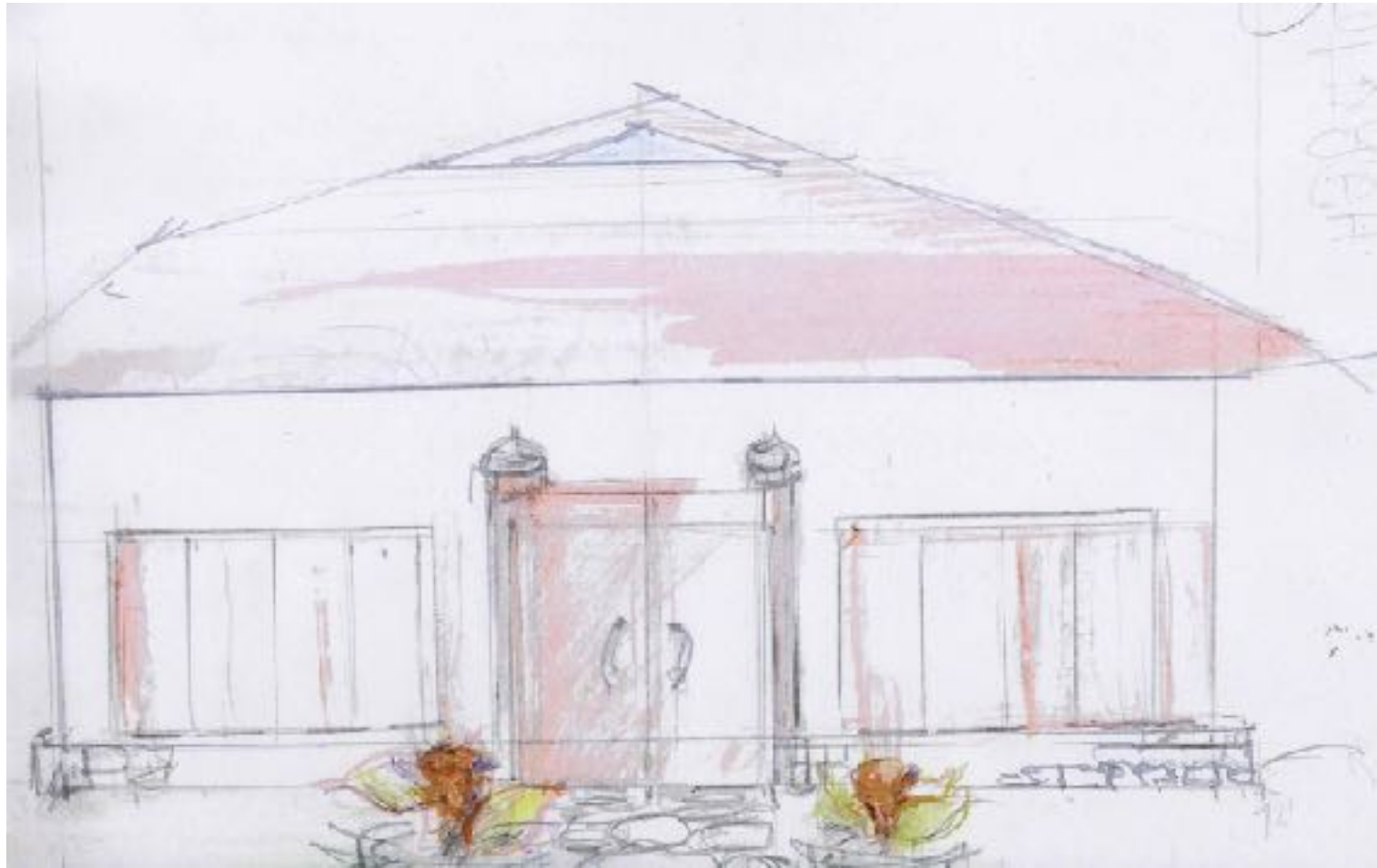
- Tranquil hidden valley at SE entrance
- Central ridge with ocean views climbs SE to NW
- Highest point offers 360 view
 - Large area of untouched jungle
 - Two fertile farm areas for healing food and extracts
 - Natural meditation cave with cool micro climate
 - Caliche rock mount for view gazebo
 - Access road can be built along W border
 - Comedor/Restaurant at NW peak

ENTRY AREA



TREATMENT

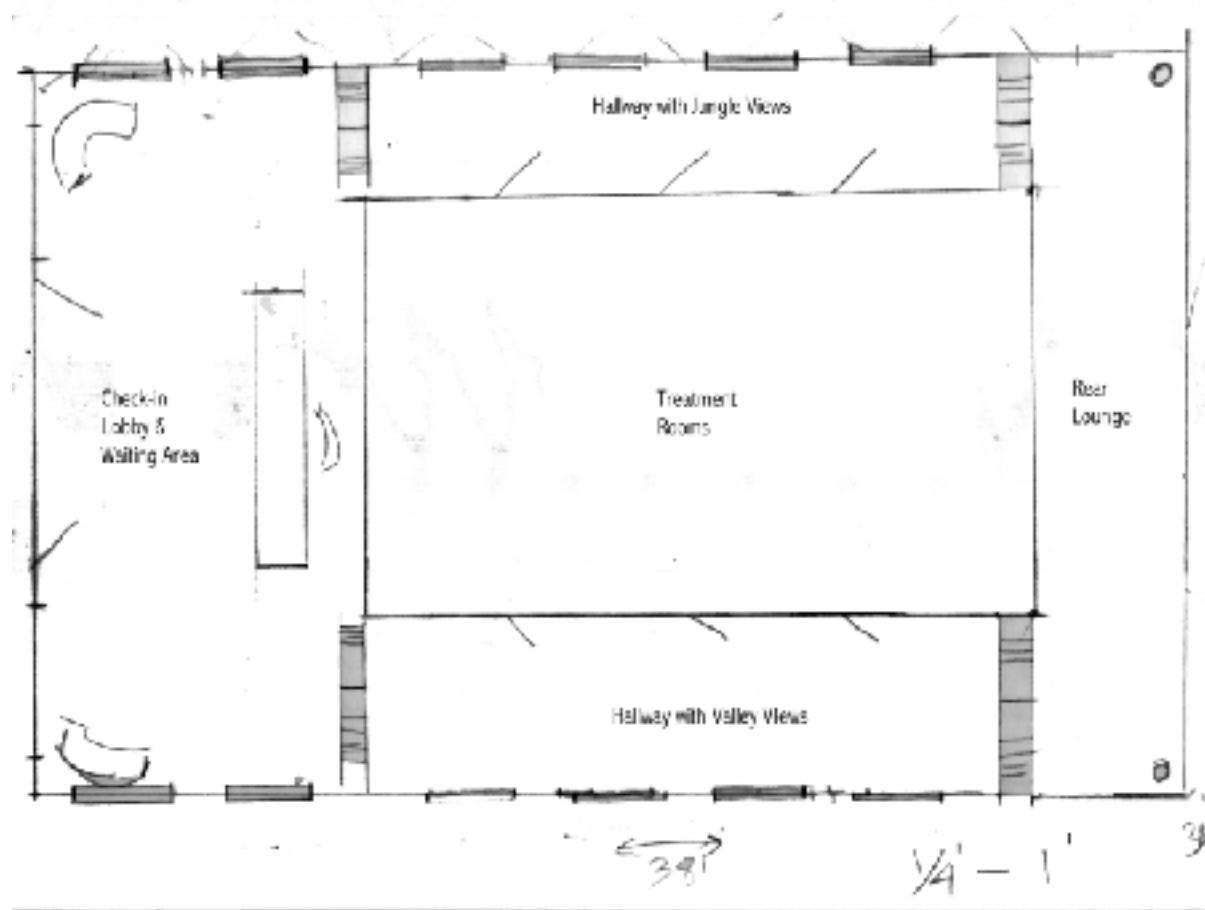
Ayurvedic Treatment Center



Front Elevation Sketch

TREATMENT

Ayurvedic Treatment Center



Floor Plan

TREATMENT Center



- Building sits atop ridge above valley
- Nestled behind guatapanal & mango trees
- Oriented with lobby facing SE
- Exterior windows overlook jungle & valley
- Treatment rooms built within structure
- Rear waiting room exits NW to access paths



Security Feature:
Guests must pass
through Treatment
Center to access
retreat amenities &
cabins.

TREATMENT

Rooms

- Treatment rooms enclosed inside structure
- Divided and customized based on treatment
- Private consultation offices
- Open only to hallway
- Insulated for tranquility and peace
- Ambient light from exterior windows



Exterior



- Front & back entry preserves existing trees
- Stone paths from lower parking to area
- Side windows overlook jungle & valley



- Narrow stone paths to accommodate carts or bicycles
- Paths continue to cabins & other amenities
- No autos beyond parking areas

LANDSCAPING



- An old centralized tree hosts other foliage around its trunk and branches toward the backside
- Perhaps this family of foliage could be a landmark and entrance to the jungle hike.

JUNGLE HIKE



JUNGLE HIKE



In the evening, a light installation could activate the site & features, similar to Foresta.

VALLEY

features



TEMESCAL



- Sweat lodge located in the SE valley
- Location is concealed by the hillside, near a grove of trees
- Slightly lower elevation than the pool
- Stone patios connect the two
- Oils from farm produced plants will infuse the steam treatment

GARDENS



- All amenities connected by stone pathways
- Featuring isolated shade areas
- Refreshment bar near orchard
- Terraced stone walkway from treatment center to valley

HEALING POOL



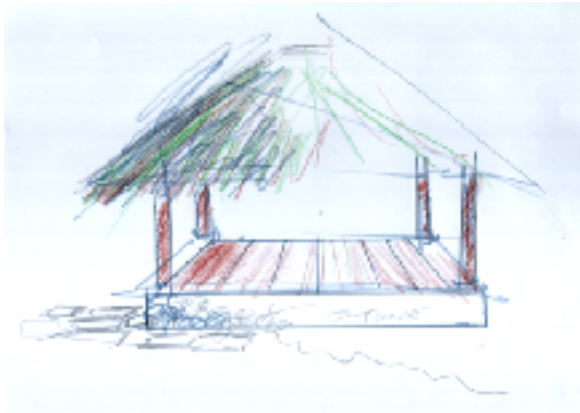
15M x 22M including stone patio area

YOGA PAVILION



- Located near north property edge
- Naturally shielded by adjacent tree line
- 10M x 14M

YOGA PAVILION



- Multi-use pavilion faces the treatment center
- Open - air with cedar or acacia floor and canna roof



CABINS

features



VALLEY CABINS

features

- Small or Medium sized cabins
- Elevated from valley floor or built into and up hillside
- Cedar and Acacia construction with Canna roof
- 6M x 6M or 6M by 10M including porch access, bed, bath and closet



CABIN 7 site



10M x 6M

CABIN 6

site



6M x 6M

CABIN 5

site

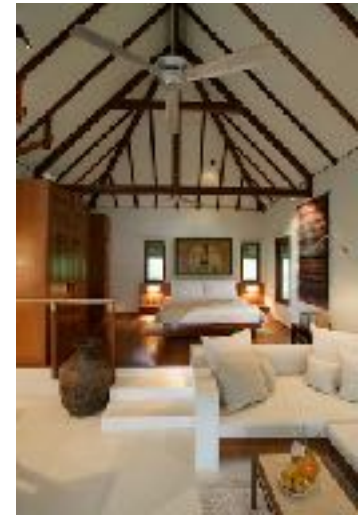


10M x 6M

UPPER CABINS

features

- Large sized cabins
- Built into and up hillside for ocean views
- Cedar and Acacia construction with Canna roof
- 18 M by 10M including porch with mini pool, bed, bath and closet
- Each in a private microbasin facing the north shore of Cabrera



CABIN 4 site



10M x 18M on north edge raised to feature ocean view

CABIN 3 site



Northwest edge notched for more private porch area

CABIN 2 site



10M x 18M Ocean views from rear elevation

CABIN 1 site



10M x 18M Some pruning and elevation needed for ocean views

MEDITATION CAVE

site



Visible from view gazebo and comedor path through north farm

FARMS

site



FARMS

north site



Borders west edge of property with access to meditation cave

FARMS

south site



New access road will wind west of hill, north between farms just east of gazebo

VIEW GAZEBO



Multi-use 10M x 10M Pavilion between farms adjacent to comedor

VIEW GAZEBO

site



Multi-use 10M x 10M Pavilion between farms adjacent to comedor

RESTAURANT

360 Degree views - including the ocean - from the dining site.
Trees will need to be pruned/removed along this property boundary.



RESTAURANT

site



RESTAURANT

- Overlooks Cabrera and surrounding valleys
- Fresh farm to table menu - grown adjacent to comedor
- Cedar and Acacia construction with Canna roof
- Indoor and outdoor dining areas
- Accessible to the public via new service road along the south side of property
- Hilltop buildable area = 16M x 22M



PROPOSAL

credits

Project proposal and design by Laurie
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To view other projects, please visit:

<http://>

www.lfriedmanartanddesign.com/